

Soccer Camps

Camp Overview

There are two Soccer Camps which are separated by age. This allows us to cater for players of all ages and abilities and ensures that everyone gets the most out of their experience.

Beginners will learn the fundamental football skills needed to be a player and receive a fun and dynamic introduction to playing the beautiful game.

More seasoned players will focus on more technical and skill-specific training and everyone will come together in the afternoon to participate in mini-leagues and small-sided games.

The principles of football taught on the programme include:

- * Warm-Ups
- * Skill Development
- * Fun Games
- * Dribbling
- * Passing
- * Shooting
- * Defending
- * Heading
- * Small-Sided Game

What you need to bring

- * Shin guards
- * Football boots and runners
- * Rain jacket
- * Sun screen
- * Name tag for your bag
- * Any medication you need

Junior Soccer Camp - 14 Years and Under

2018 Dates

- * Weeks Beginning- 2nd, 9th, 16th, 23rd & 30th July
- * Weeks Beginning- 6th, 13th & 20th August
- * Camp locations are nationwide. Students attend camp closest to their host family.
- * **Junior Soccer Camp is for one week only.**

Daily Timings

- * Monday to Friday, 10:30 to 15:00

Number of students on the camp in 2017

- * Approximately 100

Student Nationalities 2016

- * 99% Irish, 1% Other

Dublin Soccer Camp - 12 to 18 Years

2018 Dates

- * 2 week Programme
- * Monday 2nd to Friday 13th July

Location

- * DCU Sports Complex, Dublin

Daily Timings

- * Monday to Friday, 10.00 to 16.00

Number of students on the camp in 2017

- * 2017 was the first year
- * Approx. 20 per week

Student Nationalities (Estimated)

- * 30% Irish, 15% Spanish, 15% French, 40% other
- Students of the same nationality are separated as much as possible

